

# ZONTA ON THE ROCKS

## ZONTA CLUB OF ROCKHAMPTON INC.

P O Box 323 Rockhampton 4700.

Club No. 1054 - Charter 05.08.83.

Email: [rockhampton@zontadistrict24.org](mailto:rockhampton@zontadistrict24.org)

Rockhampton Web page: [www.rockhampton.zontadistrict24.org](http://www.rockhampton.zontadistrict24.org)

District 24 Website: [www.zontadistrict24.org](http://www.zontadistrict24.org)

Zonta International Website: [www.zonta.org](http://www.zonta.org)

AREA 4 - DISTRICT 24.

ABN. 51 605 623 392

Incorporation Number.

ISSUE 3 – March 2008.

IA13139

### NOTICES.

If you are  
unable to attend  
the dinner meeting,  
please advise  
**Anna Tempest**  
Ph 4928 7880 (W)  
Ph 4928 7125 (H)  
by 10 am  
on the Monday  
before the meeting.

Failure to  
apologize will  
incur payment  
of \$25.00.



Area 4 Meeting:  
26 - 27 April 2008  
Bargara



International  
Convention:  
28 June – 03 July  
2008: Rotterdam



## Zonta Club of Rockhampton

### Member of Zonta International

*Advancing the Status of Women Worldwide*

#### Fellow Zontians

Another busy month has passed with many members pitching in to assist with service projects. Thanks to all the members who contributed to make these a success.

The working bee at Veronica's home was well attended with over 100 breast cushions being completed in readiness to give out to women in need in our community.

The International Women's Day Breakfast at Kershaw House on 7<sup>th</sup> March saw 100 women and two men celebrate the day and listen to an interesting presentation by Julie Dryden, the first woman to work underground and to become an Inspector of Mines in Queensland. Margaret Strelow was the worthy and surprised recipient of the 2008 Living Treasure Award.

The District 22 Steering Committee has been busy working towards the transition to the new District 22 which comes into effect at the close of the Zonta International Convention in Rotterdam in July 2008. This month we will need to vote on the Proposed District Rules of Procedure and the Draft Budget in preparation for this.

The Nominating Committee is presently seeking nominees for Board positions for 2008 - 2009. I urge members to seriously consider contributing as a member of the Board. Meetings are held once per month after Committee Meetings. Let Norma know if you are interested.

We are also seeking someone to take over as Newsletter Editor. Berenice has done a great job with this over the last nine years, but would like a break.

The Area 4 Workshop at Bargara is fast approaching to be held on 26 & 27 April. Information has been circulated. I'm sure that it will be a most informative and enjoyable weekend.

'Til next time.

Jan.



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President: Jan Landsberg  
[jlands@b022.aone.net.au](mailto:jlands@b022.aone.net.au)

Phone: 4939 8310 (H)  
0423 196 026 (M)

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**Zonta on the Rocks – Advancing the Status of Women Worldwide**

**MEETINGS.**

**Board:**

6.30pm:  
2nd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

**Dinner:**

6.00 pm for 6.30pm  
3rd Tuesday  
of the month  
Venue:  
Rockhampton Plaza  
Hotel.

**Committee  
Meetings.**

**OMC/PR/UN**

**Program:**

Venue:  
Rockhampton Plaza  
Hotel  
5.30 pm—  
2nd Tuesday  
of the month.

**Finance and  
Fundraising:**

Venue:  
Rockhampton Plaza  
Hotel.  
5.30 pm—  
2nd Tuesday  
of the month.

**Status of Women:**

Venue:  
Rockhampton Plaza  
Hotel.  
5.30pm—  
2nd Tuesday  
of the month.

**Calendar:**



**MARCH:**

- 07 IWD Breakfast
- 11 Committee Meetings/  
Board Meeting
- 18 Dinner Meeting

**APRIL:**

- 01 Committee Meetings/  
Board Meeting
- 08 Dinner Meeting  
“At Home”

**Special United Nations Observances  
and Other Significant Days.**

**March:**

- 08 International Women’s Day
- 21 International Day for  
Elimination of Racial  
Discrimination

"There's nothing like biting off more than  
you can chew and then chewing anyway"  
*Mark Burnett*

**Dinner Raffle.**

The supply of gifts for the  
Dinner Raffle follows the listing  
in the Members Directory.

- |       |         |
|-------|---------|
| March | Marie K |
| April | Jan L   |
| May   | Mary L  |
| June  | Jacki M |

Please give your  
raffle prize to  
Elizabeth to co-ordinate.



**International Women’s Day**

The Zonta Club of Rockhampton held its  
annual International Women’s Day  
Breakfast on Friday 7<sup>th</sup> March at  
Kershaw House where the tables had  
been decorated in the purple and green  
colours of International Women’s Day.

Approximately 100 guests enjoyed a  
buffet breakfast before taking leave to go  
to work. A presentation during breakfast  
outlined the work being done by Zonta at  
the International level to improve the  
lives of women in underdeveloped  
countries.



Guests were also entertained by a  
captivating address by key note speaker,  
Julie Dryden, who shared her stories and  
learnings on her journey to becoming the  
first female Mines Inspector in Australia.



The Zonta/Telstra Country Wide Living  
Treasure Award for 2008 was presented  
to Margaret Strelow for her contribution  
to advancing the status of women. The  
award is presented to a woman in our  
community who has inspired and  
empowered others by her achievements  
and skills.

If you would like to contribute to your Newsletter  
please forward articles to Berenice Payne  
either by  
Fax: 4922 3315 or Email to  
berenice.a.payne@bigpond.com

**Deadline: First Tuesday of the month.**



## *Zonta on the Rocks – Advancing the Status of Women Worldwide*

### **Article from the Northern Star – Local, National and World News for Lismore NSW.**

CUTTING EDGE: Hairdresser Sally Griffiths, of Winks in Lismore, chatting with Karuna Fielden, manager of Lismore and District Women's Health Centre - By ANDY PARKS - Northern Star.

AFTER 22 years of hairdressing Sally Griffiths has heard it all.

She is even thinking of writing a book called Hairy Moments, detailing some of the more interesting stories she has heard.

"People do share their confidence with you. I think it's because you are close to them, but not family, and can listen without judging," she said.

Sally works at Winks Hair Studio in Lismore which is one of about 25 hairdressing salons invited to participate in a new project called 'Cut It Out', run by the Lismore and District Women's Health Centre.

The program aims to reduce domestic abuse of women and children in the Lismore area by providing education and training to the staff of local hairdressing salons.

"I think it's a great idea. We are often the accidental counselors'. We hear problems and often don't know where to send people, but if we are given accurate information then we can suggest to people where to go for further assistance if it's needed," she said.

The manager of the Lismore and District Women's Health Centre, Karuna Fielden, said they had 'plagiarized the concept from a campaign held nationally in America'.

"We contacted them and they said we could use the name. For us it's a way to engage small businesses do some training and print some resources, then we'll evaluate it from there."

Ms Fielden said hairdressers wouldn't be trained to do the work of professional counsellors and psychiatrists, but would be engaged to support women and learn more about domestic violence. The brochure they are producing will have the contact details for professional services that can help.

"Domestic violence information often looks really dry and it can scare people. They think 'that's not me' and don't identify with it. We've tried to make it look a bit spunky with a graphic of a girl having a bad hair day. The idea is that hairdressers can distribute it with their next appointment card and women might keep it in their wallet for nine months, or give it to a friend who needs it."

The idea seems to have taken off even before it is officially launched as part of the celebrations for the 100th anniversary of International Women's Day.

Karuna Fielden has been contacted by media organizations all over Australia.

### **Article from The Sydney Morning Herald.**

TOUGH domestic violence laws came into force in NSW to coincide with International Women's Day yesterday.

Attorney-General John Hatzistergos said the changes meant perpetrators would have the words "domestic violence" recorded next to the name of an offence such as assault.

"Cowards who abuse and attack their own family members will, from this day forward, have a black mark against their name," he said.

"Should a transgression occur, those people will be able to be dealt with on the basis that they have a history of a specific domestic violence offence as opposed to a generic offence. The next time they come before a judge or magistrate, the fact they had already committed the despicable act of domestic violence will be abundantly clear."

Police would be given special kits containing digital cameras to assist their investigations, and apprehended violence orders would automatically extend to children, he said.