Reef Talk. ****



Zonta Club of the Whitsundays January 2021- March 2021

International Women's Day 6 March 2021



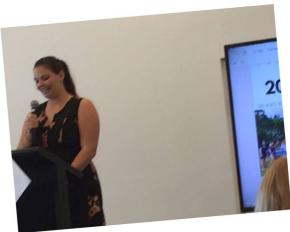
















Our President - Mez

Mez is very busy organising Area 5 meeting 15 16 May.

It is hoped to use the elbow room again as it is a stunning venue and a great showcase for our region. It should be a fabulous time as we are renowned for our hospitality and hosting skills, so hopefully as many members as possible will be able to attend to ensure we maintain our reputation More information will be available at our April meeting.

Don't forget this our Annual General Meeting (AGM) where nominations will be accepted for our new Board next year.

Best wishes for Easter everyone, and have a safe and happy time over this holiday period







Planning Day 27 February 2021



A very productive planning day was held at the RSL rooms on Saturday 27 February More than 19 members attended and were all enthusiastic and wanting to contribute to ensure our club thrived and grew. We looked at our current projects and future opportunities.

We broke into groups each with different topics and produced some great material. This is being collated and prepared in document form for our new committee who will be operative form June. The discussions were lively, meaningful, and proved to be a learning experience for everyone present. We all

agreed that our Club was operating well but need to ensure that we all had good fun and lots of laughter as wells as seriously tackling all the issues that are part of our charter. We are looking forward to great things this year.

Membership report - March 2021



It was such a pleasure to induct Helen and Lynne into Zonta at the March General meeting. Welcome to you both.

We had 8 guests at the March meeting; we enjoyed hearing a little snippet of their lives. It is always good to have potential members along.

I have brought back the Badge draw (please remember to wear your badge) and the library is back. Feel free to borrow the books.

Please remember to let Cath know if you are not going to attend a general meeting as you will be charged if you do not.



Some of our international women day guests who enjoyed it so much and learnt about what we do, decided to come as guests to our meeting in Marchwelcome ladies and to the others in your group who attended. We hope to see you all again at our next meeting.

Service Committee -

We had an extremely successful IWD in both a monetary & enjoyable way.

We reached our goal in numbers for the event & we had excellent feedback.

The speaker Robin Bowles was an absolute hit, enthralling us with both her private life as well as her true crime stories.

We will be looking for a committee for Derby Day next & already looking at venues.

I have held Saturday the 15th of May for our next Bunnings Sausage Sizzle giving members a break until then. Please check your calendars as I will be looking for Volunteers for shifts 8-10, 10-12, 12-3 four people for each shift.

We will advise when the knitting group starts up again, but probably 24th April when it is hopefully a bit cooler.

There is nothing to report about the sewing group at this stage.

Social Events



Saturday April 17 – Fundraiser for Zonta of Lorraine Lee linen at Marlene's house. Lunch then a viewing of their products. No hard sell, just a pleasurable day sharing company and window shopping at leisure.

Hope to see you there. Please RSVP to marlene@cpq.com.au or 0407 288 244

Thursday 3 June Palmers Restaurant (TAFE) a social evening for anyone who would like to come. (\$45.00). Please advise Carol Brauner if you wish to attend. cbrauner@mtatravel.com.au or 0417 619 098

Fridays at around 11.00 – 11.30

The Plaza (Centro) around this time, always have a look in 'Luv a Coffee café' to see if there are any fellow Zontians. It seems that we all wander past at some time and if someone is there it is nice to stop and have a chat. This is completely informal and spontaneous.

If you are in

Zonta BBQ 's with Bunnings



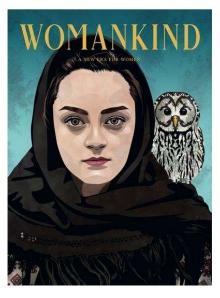
- This is one of our regular fundraisers, which provides a good proportion of our income during the year. We usually try to have about 6 per year.
- Voluntary duties include rostering, shopping, set up, selling from 8.00 to 3.00 approx. and then pack down. Occasionally there is additional washing and cleaning of equipment at home.
- All volunteers on the day, received a sausage in bread and drink.

BUT: do not forget the fun and camaraderie we share on these days

Advocacy



We found our missing orange lady. She went missing after our November campaign and we saw her recently standing very proudly in Porters. It is amazing how these ladies can travel from place to place. But always sending a message.



Womankind magazine represents a new era for women: Womankind is an advertising-free women's magazine on self, identity and meaning in today's society. Womankind magazine features the top journalists, authors, and artists in a 132 page, perfect-bound magazine – offering a signature mix of reporting and commentary on culture, creativity, philosophy, nature, and ways to live a more fulfilling life.

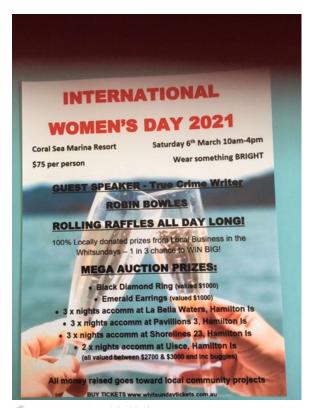
Womankind magazine will make you see the world and yourself in a different light.

We were so impressed with this magazine that Zonta Whitsundays is providing an annual subscription (4 magazines) to the local library and to the two high schools in Proserpine. You can also find it on the following website.

https://www.womankindmag.com/

Dianne Trueman on 0408353450

International Women's day -WHAT A TRULY SUCESSFUL DAY!!!!!



It was a big effort for the IWD Team and lots of planning, but what a success.

120 women dressed in their brightest colours starting to arrive even earlier than expected. All after a good time, fun and laughter, heightened by the glass of champagne on their way in. The tables were presented beautifully thanks to Coral Seas management and Peta Lucas Balloons. Prizes beautifully wrapped by Judy Brown were piled high on the table and the door and auction items magnificent.

A big rush on raffle tickets, people talking and then our fabulous Annie got up and started the day as MC, and Mez, our president gave an uplifting talk about IWD and Zonta. This was followed by our amazing scholarship recipients, Cassidy Heywood, environmental science, and Tia Gibbs in fashion design who both spoke extremely well and proved how worthwhile our scholarships can be of assistance to the future of some of our young people.

Rolling raffles, our very loud singing of "I am women" (Helen Reddy), a very tasty lunch, games of heads and touché, with 3 lucky winners, more raffles, door prizes and lucky spots and then time for the main speaker. Robin Bowles true crime writer, gave a hilarious speech about her life and 4 H's. The audience was in fits of laughter and then finally she spoke a little about her writing which was amazing. She had a standing ovation.

More raffles and the auctioneer Brad did a fantastic job raising the stakes on our wonderful auction prizes. It was with reluctance that we closed the day at 4.30, with people saying it was the best ever, and we think so too.

We raised more than \$14,000 and still counting.

ZONTA CLUB OF THE WHITSUNDAYS INTERNATIONAL WOMEN'S DAY 2021

I am Woman:

10am - Guests Arriving and Mingling

10:45 – MC Annie Lloyd-Lewis,

11:25 – Cassidy Heywood

11:40 - Tia Gibbs

12:00 – We are Women

12:15 - Lunch

1:00 – Tops and Tails

1:30 - Robin Bowles

2:45 – Auction 4pm - Close I am woman, hear me roar In numbers too big to ignore And I know too much to go back and pretend Coz I've heard it all before And I've been down there on the floo

Coz I've heard it all before And I've been down there on the floor Noone's ever gonna keep me down again

On yes, I am wise
But it's wisdom born of pain
Yes, I've paid the price
But look how much I gained
If I have to, I can do anything
I am strong (strong)
I am invincible (invincible)

You can bend but never break me Coz it only serves to make me More determined to achieve my final goal And I come back even stronger Not a novice any longer Coz you've deepened the conviction in my soul

Oh yes, I am wise
But it's wisdom born of pain
Yes, I've paid the price
But look how much I gained
If I have to, I can do anything
I am strong (strong)
I am invincible (invincible)

Thank you to:

There is no way we could have had such a successful day without the amazing generosity of so many people, businesses, and organisations.

We would like to give them the biggest thank you and sincere appreciation for their donations.

Airlie Day Spa (60 Min Facial)

Airllywood

La Tabella

Little Vegas Burger and Bar

Akashic Mandy's Coffee Shop

Amanda Camm Marg Kurzok

Astrid Bourke (Luxury Holidays)" Mika

Aurelias Ocean Rafting

Big 4 Whitsundays Paradiso

Big W Peta Lucas Balloons Express

Brad Sorbett Auctioneer Taylors Re Pioneer Adventures

Breeze Bar Providence

Coral Seas Resort Red Cat Adventures

Cruise Whitsundays Reef Goddess

Enliven Facia Providence

Fish D'Vine Smart Arts

Fishi Fresh Island Seafood Sorrento's

Go-Girl Whitsundae Ice Cream

Healthy Touch Massage Whitsunday Council

Horseshoe Bay Café Whitsunday Crocodile Safari

Just Tuk'N Around Whitsunday Life Magazine

K&P Grazing Whitsunday News

La Marina Whitsunday Pharmacy

Pause for Thought.

Roz Jennings - Meeting January 2021

My pause for thought is about education. Whether it is a primary, secondary or tertiary education, career training education or life skills education, education is a gift that keeps on giving. You carry it with you throughout your life and wherever you go.

We were able to give that gift to Tia who was a very worthy recipient of one of our as and an award at the end of 2019. Tonight, she is here with us to talk about the fashion design course she has been studying and her plans for the future. Welcome Tia. It gives our club enormous pleasure to be able to help some of our lovely local girls achieve their career dreams and it makes all those sausage sizzles and wrapping days well worth it as we watch talented young women like Tia grow and thrive in their chosen careers.

When we raise funds though, we must remember that a % of our funds raised are sent to Zonta International each year to help young women from less fortunate parts of the world benefit from our help.

One of the ZI projects specifically targeting education is "LETS LEARN MADAGASCAR" In Madagascar, one in four children aged 6–10 does not attend primary school and one in three children aged 11–14 does not attend lower secondary school. In 2020-2022 the goal was to address education and gender inequity in Madagascar targeted towards adolescent girls



"

For me, a Junior Reporters Club is an opportunity to express myself and show the reality in our community."

> Christella Razanamalala Anosy Region, Madagascar

HOW ZONTA HELPS

From 2016 through 2020 Zonta International contributed US\$2,000,000 to UNICEF USA to support the Let Us Learn Madagascar project. In 2020, Zonta International announced an additional commitment of US\$500,000 to support Phase III. Specific objectives are to:

- Ensure that more children, particularly girls (who drop out at higher levels in the post-primary level) have access to post-primary education and stay in school.
- Ensure that Madagascar's education system has the capacity to offer quality teaching for enhanced learning outcomes.

EXPECTED OUTCOMES FOR THE YEARS 2020-2022

- Around 100 children will learn in two new classrooms, which will be complete with latrines, a water point, and equipment.
- 100 schools will receive pedagogical materials annually.
- 100 school principals will be trained.
- 100 follow-up monitoring visits and activities will be conducted by the pedagogical support officers.
- 750 households will benefit from conditional cash transfers.
- 700 children (at least 50 percent girls) will be reintegrated into school after attending catch-up classes.
- 3,500 children will have increased knowledge of life skills that support their well-being and healthy development.
- Eight school districts will be supported to implement a code of conduct against violence in schools and to develop a functional intake and referral mechanism for child victims of violence and exploitation.
- 114 children's clubs will be established to implement plans of action to raise awareness in their schools and communities about the issue of violence.
- 1,600 children who are victims of violence and exploitation in schools and communities will benefit from medical, legal, or social support.
- To read a detailed "Lets Learn Madagascar" project description, check out the latest Zontian magazine (which should have landed in your mailboxes within the last few weeks) or Zonta International online.
 - Roz Jennings

February 2021



The Zonta Rose delivered by Lauren.

THE ZONTA ROSE The beauty of a single yellow rose has been a favourite Zonta symbol for nearly 20 years. The "Zonta Rose" was introduced at the 1984 Sydney Convention, thanks to the dedication and support of District 16 Zontians. In 1983, then Lieutenant Governor of District ' (New Zealand), Valerie Webster, proposed that a breed of roses be developed as a living symbol of Zonta international. The renowned England-based nursery Harkness Roses worked to cultivate the flower, while Zontian, Maureen Ross of Ross Roses in Adelaide, Australia enabled it to be introduced at the convention. Today, the

lovely yellow bloom can be seen in members' gardens, memorial plantings, schools, hospitals, homes for the elderly, and in the forecourt of Australia's National Parliament in Canberra. Most recently, a Zonta rose bed was inaugurated at in Gothenburg, Sweden, as part of the 2020 International Convention festivities. But the Zonta Rose is much more than a lovely flower. Since 1999, it has served as the symbol of Zonta Rose Day, which falls on 8 March and coincides with international women's Day. on this special day, Zontians worldwide are encouraged to publicly distribute yellow roses or items bearing the image of yellow roses, accompanied by information about Zonta international and issues relating to improving the lives of women. The Zonta Rose itself has bright yellow blooms, produced in large sprays, and neatly spaced to form a bouquet. Each bloom is formed on its own long stem and has a particularly long life, whether on the bush or cut. Its fragrance is light and pleasant, while gardeners will appreciate that it is easy to grow and hardy, reaching an average of 1.2 meters in height' The Zonta Rose is registered internationally under the name "Hartanna." It also goes by the name "Princess Alice" in Canada and the UK, and "Bright Lites" in the USA.

March 2021 - Noelene



Noelene gave as insight of the value of friendship in our lives.

She gave us examples from her own journey through the years and tied this into the importance of friends throughout all of our lives and how essential the maintaining of bonds with friends are to our wellbeing and overall happiness.

Thank you, Noelene.

Pause for Thought" Schedule of speakers



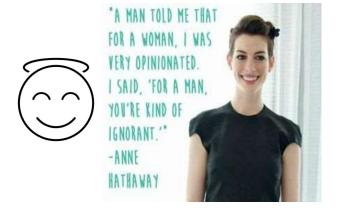
"Pause for thought" is a replacement for the invocation. The nominated member gives a five-minute talk on any project of Zonta International or issue that has relevance to Zonta.

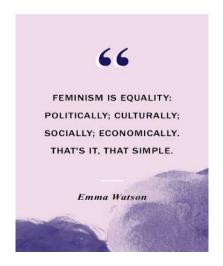
General Meeting Speaker

April: Judy Johnston

May: Catherine Moscato

Thoughts on equality



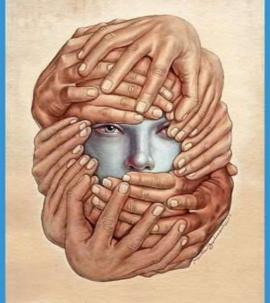


Women's Rights

International Cartoon Contest & exhibition

to support women and rise a global voice against oppression, violence and injustice of women.













ndian Institute of Cartoonists (5th March, 11:00) No. 1, Midford House Midford garden, Off M.G. Road Bangalore – 560 001. Karnataka, India













Thank you, Noelene, for providing this very comforting explanation....

THE EXPLANATION:

Brains of older people are slow because they know so much.

People do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains, scientists believe.

Much like a computer struggles as the hard drive gets full, so, too, do humans take longer to access information when their brains are full.

Researchers say this slowing down process is not the same as cognitive decline.

The human brain works slower in old age, said Dr. Michael Ranscar, but only because we have stored more information over time.

The brains of older people do not get weak. On the contrary they simply know more.

Also, older people often go to another room to get something and when they get there, they stand there wondering what they came for. It is NOT a memory problem; it is nature's way of making older people do more exercise.

SO THERE !!

KEEP YOUR BRAIN ACTIVE!!

BIRTHDAYS

Happy birthday to you.....



January: Carole Lindsay, Noelene Helman,

Patsy Morgan, Judy Johnston **February:** Marlene Reiffel

March: Cath Fernbach, Lauren Haack









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Dates to remember:

- Next meeting April 15, 2020
- Fundraiser for Zonta Saturday 17 April Lorraine Lee linen at Marlene's
- Area 5 meeting 15 16 May to be held here..... venue to be advised.
- 3 June 2020 social evening TAFE dinner \$45.00

Regular Dates

- Book Club at Kerry Kenyon's house last Wednesday in the month at 5.00 pm
 Cath 0419 653 878
- Knitting group April to Nov last Monday of the month at 10.00 am.
 Carol 0417 619 098
- Sewing Group ad hoc, breast cushions, turbans modesty sheets, virus masks etc Carol 0417 619 098

I have thoroughly enjoyed my turn as editor for the newsletter, however it is time to pass it on as I will be away for much of 2021

Editor Marlene Reiffel March 2021